

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>In-Person Activities in Purple and Green Requires RSVP</b></p>	<p><b>Therapeutic Aquatics and Games (NRC)</b> Norwood Recreation Center 2039 Sherman Ave, 45212</p>	<p><b>Art of the Needle and EngAging Walkers (OBL)</b> Oakley Branch Library 4033 Gilmore Ave, 45209</p>	<p><b>1</b> 10:00 Boom Move! 10:30 Therapeutic Aquatics (NRC) 1:00 Everyday Technology: Smartphone Basics (PRL) 1/4  Pleasant Ridge Library (PRL) 6233 Montgomery Rd 45213</p>	<p><b>2</b> 10:30 Rummikub (NRC) 12:30 Euchre (NRC)</p>	<p><b>3</b> 10:30 OWL ASL 5:30 Essex Art Walk  <b>RSVP by 4/30</b></p>	<p><b>4</b> 8:30 Chair Aerobics 10:00 Tai Chi Flow +</p>
<p><b>5</b></p>	<p><b>6</b> 9:30 Chair Yoga 10:30 Therapeutic Aquatics (NRC) 11:30 Chair Yoga &amp; Meditation</p>	<p><b>7</b> 10:30 Art of the Needle (OBL) 12:30 EngAging Walkers (OBL)</p>	<p><b>8</b> 10:00 Boom Move! 10:30 Therapeutic Aquatics (NRC) 1:30 Everyday Technology: Smartphone Basics (PRL) 2/4</p>	<p><b>9</b> 10:30 Rummikub (NRC) 12:30 Euchre (NRC)</p>	<p><b>10</b> 10:30 OWL ASL 5:30 Brontë Bistro 7:00 Ron Purdon Quintet  <b>RSVP by 5/07</b></p>	<p><b>11</b> 8:30 Chair Aerobics 10:00 Tai Chi Flow +</p>
<p><b>12</b> <b>Mother's Day</b></p>	<p><b>13</b> 9:30 Chair Yoga 10:30 Therapeutic Aquatics (NRC) 11:30 Chair Yoga &amp; Meditation</p>	<p><b>14</b> 10:30 Art of the Needle (OBL) 12:30 EngAging Walkers (OBL)</p>	<p><b>15</b> 10:00 Boom Move! 10:30 Therapeutic Aquatics (NRC) 1:30 Everyday Technology: Smartphone Basics (PRL) 3/4</p>	<p><b>16</b> 10:30 Rummikub (NRC) 12:30 Board Games (NRC)</p>	<p><b>17</b> 10:30 OWL ASL 12:30 The Eagle OTR &amp; Indigo Hippo Excursion  <b>RSVP by 5/14</b></p>	<p><b>18</b> 8:30 Chair Aerobics 10:00 Tai Chi Flow +</p>
<p><b>19</b></p>	<p><b>20</b> 9:30 Chair Yoga 10:30 Therapeutic Aquatics (NRC) 11:30 Chair Yoga &amp; Meditation</p>	<p><b>21</b> 10:30 Art of the Needle (OBL) 1:00 Matthew 25 Lunch and Volunteer  <b>RSVP by 5/17</b></p>	<p><b>22</b> 10:00 Boom Move! 10:30 Therapeutic Aquatics (NRC) 2:30 Everyday Technology: Smartphone Basics (PRL) 4/4</p>	<p><b>23</b> 10:30 Rummikub (NRC) 12:30 Euchre (NRC)</p>	<p><b>24</b> 9:00 What is Progressive Muscle Relaxation? 10:30 OWL ASL</p>	<p><b>25</b> 8:30 Chair Aerobics 10:00 Tai Chi Flow +</p>
<p><b>26</b> 2:00 Maple Knoll Big Dance Band  <b>RSVP by 5/24</b></p>	<p><b>27</b> <b>Memorial Day</b></p>	<p><b>28</b> 10:30 Art of the Needle (OBL) 12:30 EngAging Walkers (OBL) 12:30 Dorothy Lane Market  <b>RSVP by 5/24</b></p>	<p><b>29</b> 10:00 Boom Move! 10:30 Therapeutic Aquatics (NRC) 1:00 Everyday Technology: Guide Training (OBL)</p>	<p><b>30</b> 10:30 Rummikub (NRC) 12:30 Euchre (NRC)</p>	<p><b>31</b> 10:30 OWL ASL  </p>	<p></p>